

MAHARASHTRA STATE BOARD OF NURSING AND PARAMEDICAL EDUCATION, MUMBAI

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)

Instructions :—

1. The Candidate must write her / his seat number in **ENGLISH**.
2. Please note that the question paper set in **ENGLISH** version is final for any doubt in **MARATHI** paper.

Marks

1. (a) Select the most appropriate answer from the following and complete the sentence :— (05)

(i) Anganwadi of rural community is component of

- | | |
|-------------------|------------------------------------|
| (a) Mid-day meal | (b) ICDS |
| (c) School health | (d) Community Development Project. |

(ii) Calcium is necessary for

- | | |
|---------------------|----------------------|
| (a) Iron metabolism | (b) CHO metabolism |
| (c) Wound healing | (d) Bones and Teeth. |

(iii) The effective method of health education is

- | | |
|----------------------|----------------------------|
| (a) Group Discussion | (b) Lecture |
| (c) Exhibition | (d) One way communication. |

(iv) The cold chain equipment used at PHC level for storage of vaccine is

- | | |
|----------------------------------|-----------------------|
| (a) Deep Freezer | (b) Walk in cold room |
| (c) ILR (Ice lined refrigerator) | (d) Cold box. |

(v) The recommended maximum noise level is decibel.

- | | |
|--------|---------|
| (a) 85 | (b) 60 |
| (c) 45 | (d) 35. |

- (b) Match the following :— (05)

‘A’ Group

- (i) Primary Prevention
- (ii) V.V.M.
- (iii) Constipation
- (iv) Deafness
- (v) Incineration

‘B’ Group

- (a) Waste disposal
- (b) Communication barrier
- (c) Polio vaccine
- (d) Specific protection
- (e) Roughage.

[Turn over

- (c) State **true** or **false** :— (05)
- (i) Demonstration is an effective method of “Health Education”.
 - (ii) A shallow well is known as ideal well.
 - (iii) India is polio-free country.
 - (iv) Colostrum means babies first immunization.
 - (v) Road to health chart monitors the progress of women.
2. Write short notes on (any **three**) :— (15)
- (a) Types of Audio Visual Aids.
 - (b) Determinants of Health
 - (c) Under Five Clinic
 - (d) Disease Cycle.
 - (e) Types of barriers of communication.
3. State difference between (any **three**) :— (15)
- (a) Air Pollution and Noise Pollution
 - (b) Records and Reports.
 - (c) Institutional Nursing and Community Health Nursing.
 - (d) Health Education and Health Propaganda.
 - (e) Urban Community and Rural Community..
4. Answer the following questions :— (15)
- (a) Define Balanced Diet. (03)
 - (b) Explain weaning. (03)
 - (c) Explain “ORS” and its preparation. (04)
 - (d) Write about small scale water purification. (05)

OR

- (a) What are the purpose of home visiting. (03)
 - (b) What are the principles of home visiting. (03)
 - (c) Write the steps of home visiting. (05)
 - (d) Write the elements of primary health care. (04)
5. Answer the following :— (15)
- (a) Write National Immunization schedule. (05)
 - (b) Explain levels of Health care. (03)
 - (c) List the Health care institutions serving at every care level. (02)
 - (d) Explain WHO Day Theme 2024 “My health, My right”. (05)

महाराष्ट्र राज्य शुश्रूषा व परावैद्यक शिक्षण मंडळ, मुंबई
अनियमित / नियमित सत्र
जनरल नर्सिंग आणि मिडवायफरी पुरवणी परीक्षा
प्रथम वर्ष

सामाजिक आरोग्य परिचर्या-पेपर-४

शुक्रवार, दिनांक ७ मार्च २०२५

[वेळ : सकाळी ९-०० ते दुपारी १२-०० वाजेपर्यंत]

(एकूण गुण—७५)

सूचना.— १. उमेदवाराने तिचा / त्याचा आसन क्रमांक **इंग्रजी**मध्ये लिहावा.

२. **मराठी** पेपरमध्ये कोणत्याही शंका असल्यास **इंग्रजी** आवृत्तीमध्ये सेट केलेली प्रश्नपत्रिका अंतिम आहे.

- गुण**
(०५)
१. (अ) योग्य पर्याय निवडून वाक्य पूर्ण करा :—
- (१) ग्रामीण समाजातील अंगणवाडी या योजनेचा भाग आहे.
 (अ) माध्यान्ह्य भोजन (ब) आय.सी.डी.एस.
 (क) शालेय आरोग्य (ड) समुदाय विकास कार्यक्रम.
- (२) साठी कॅल्शियम हा उपयुक्त घटक आहे.
 (अ) लोह चयापचय (ब) पिष्टमय पदार्थांचे चयापचय
 (क) जखम बरी होणे (ड) हाडे व दात.
- (३) ही आरोग्य शिक्षणाची परिणामकारक पद्धत आहे.
 (अ) समुह चर्चा (ब) व्याख्यान
 (क) प्रदर्शन (ड) एकतर्फी संवाद.
- (४) प्राथमिक आरोग्य केंद्रामध्ये लस साठवणुकीसाठी हे शीतसाखळी साधन वापरण्यात येते.
 (अ) डीप फ्रीजर (ब) शीत खोली
 (क) आइस लाइन्ड फ्रीज (ड) शीत पेटी.
- (५) प्रमाणित केलेले आवाजाचे प्रमाण डेसिबल.
 (अ) ८५ (ब) ६०
 (क) ४५ (ड) ३५.
- (ब) योग्य जोड्या जुळवा :— (०५)
- | | |
|-----------------------|---------------------------------|
| ‘अ’ गट | ‘ब’ गट |
| (१) प्राथमिक प्रतिबंध | (अ) कचऱ्याचे विस्थापन प्रक्रिया |
| (२) व्ही.व्ही.एम. | (ब) संवादातील अडथळा |
| (३) बद्धकोष्ठता | (क) पोलिओ लस |
| (४) बहिरेपणा | (ड) विशेष संरक्षण |
| (५) इनसिनेरेशन | (इ) रेषेदार पदार्थ. |

- (क) खालील विधाने **चूक** की **बरोबर** ते लिहा :— (०५)
- (१) प्रात्यक्षिक दाखवणे ही आरोग्यशिक्षणाची प्रभावी पद्धत आहे.
 - (२) उथळ विहिरीला योग्य विहीर समजण्यात येते.
 - (३) इंडिया (भारत) हा पोलिओमुक्त देश आहे.
 - (४) मातेच्या चीक दुधास बाळाचे पहिले लसीकरण म्हणतात.
 - (५) “रोड टू हेल्थ चार्ट” गरोदर मातेच्या आरोग्य प्रगतिची नोंद ठेवतो.
२. टिपा लिहा (कोणत्याही **तीन**) :— (१५)
- (अ) दृक्श्राव्य साधनांचे प्रकार (ब) आरोग्य निर्धारक घटक
 - (क) पाच वर्षाखालील बालकांचे आरोग्य केंद्र (ड) रोगचक्र
 - (इ) संवादाचे प्रकार व संवादातील अडथळे.
३. फरक स्पष्ट करा (कोणतेही **तीन**) :— (१५)
- (अ) हवा प्रदूषण आणि ध्वनी प्रदूषण.
 - (ब) नोंदी आणि अहवाल.
 - (क) रुग्णालय परिचर्या आणि सामान्य आरोग्य परिचर्या.
 - (ड) आरोग्य शिक्षण आणि आरोग्य प्रचार.
 - (इ) ग्रामीण समाज आणि शहरी समाज.
४. खालील प्रश्नांची उत्तरे लिहा :— (१५)
- (अ) संतुलित आहार - व्याख्या लिहा. (०३)
 - (ब) पूरक आहार - माहिती लिहा. (०३)
 - (क) जलभारसंजीवनीबद्दल माहिती लिहा व तयार करण्याची प्रक्रिया लिहा. (०४)
 - (ड) लहान प्रमाणात (पाणी) जलशुद्धीकरणाच्या पद्धती लिहा. (०५)
- किंवा**
- (अ) गृहभेटीचे हेतू लिहा. (०३)
 - (ब) गृहभेटीची तत्त्वे लिहा. (०३)
 - (क) गृहभेटीच्या पायऱ्या लिहा. (०५)
 - (ड) प्राथमिक आरोग्य सेवेचे घटक लिहा. (०४)
५. खालील प्रश्नांची उत्तरे लिहा :— (१५)
- (अ) राष्ट्रीय लसीकरणाचे वेळापत्रक लिहा. (०५)
 - (ब) आरोग्यसेवांच्या पातळीबद्दल माहिती लिहा. (०३)
 - (क) आरोग्यसेवेच्या प्रत्येक पातळीवर असणाऱ्या आरोग्यसंस्था लिहा. (०२)
 - (ड) जागतिक आरोग्य दिवस २०२४ चे घोषवाक्य “माझे आरोग्य, माझा हक्क” याबद्दल लिहा. (०५)

CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

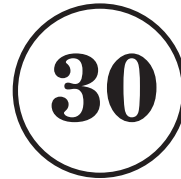
SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

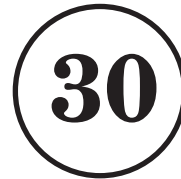
SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)



CON 524

**MAHARASHTRA STATE BOARD OF NURSING AND
PARAMEDICAL EDUCATION, MUMBAI**

IRREGULAR / REGULAR BATCH

SUPPLEMENTARY EXAMINATION IN GENERAL NURSING AND MIDWIFERY
FIRST YEAR

COMMUNITY HEALTH NURSING—PAPER-IV

FRIDAY, 7TH MARCH 2025

[TIME : 9-00 A.M. TO 12-00 P.M.]

(TOTAL MARKS—75)

